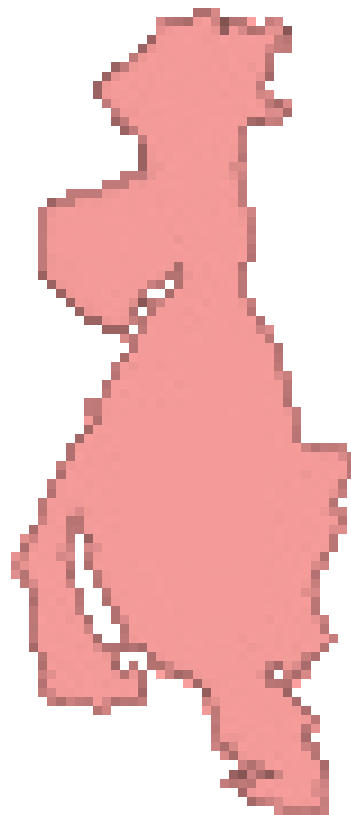




Argyll & Bute Alcohol and Drug Partnership

Helensburgh & Lomond Locality

Alcohol and Drug Report



Alcohol and Drug Report

In 2018 Helensburgh & Lomond had an estimated population of 25,019; this is a decrease in population of 264 since 2014. The following charts show the age and gender percentages. The population is 52.3% male and 51.2% of the population is 45 or older, for comparison the 2018 population of Scotland is 51.3% female and 46.5% of the population is 45 or older..

**Helensburgh & Lomond Age Chart
2018**

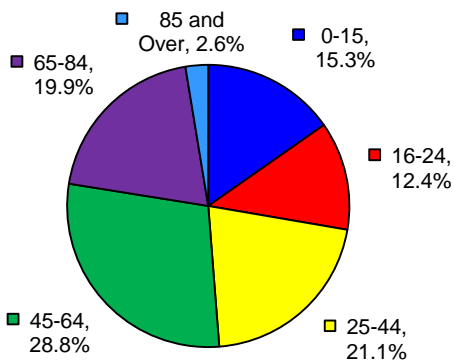


Chart 1 - ACaDMe Database and National Records of Scotland

**Helensburgh & Lomond Gender Chart
2018**

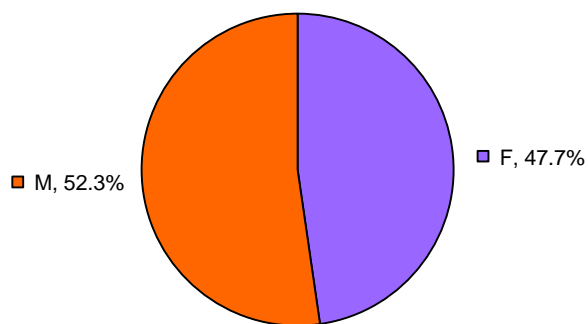


Chart 2 - ACaDMe Database and National Records of Scotland

All death and hospital admission figures represent the rate per 100,000 of population, numbers are shown in brackets. As numbers of alcohol and drug related deaths are low a small increase will show as a large rate change. Although the hospital charts show admissions the figures are based on discharge diagnosis as people are often admitted without the diagnosis being known. The rate for the admissions charts are calculated using the number of stays so there may be multiple admissions for the same patient.

In 2018, there were 24.0 (6) alcohol related deaths, a decrease of 15.6 compared with 2017. Chart 3 shows the rate for each year from 2014 to 2018, the Argyll & Bute rate of alcohol related deaths is included as a comparison, and this demonstrates that the death rate in Helensburgh & Lomond increased above the Argyll & Bute rate in 2017 although it is consistently lower for all other years. The rate was lower than the rate for the whole of Scotland until 2017.

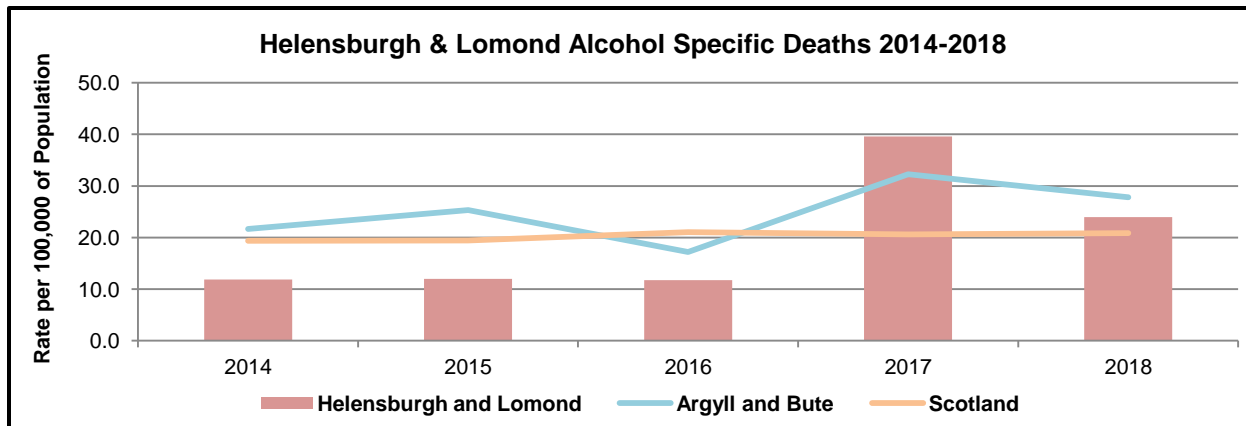


Chart 3: ACaDMe Database and National Records of Scotland

Chart 4 shows the Acute (SMR01) alcohol related hospital admissions for Helensburgh & Lomond. In 2018, there was a rate of 595.5 (149) alcohol related hospital admissions, an increase of 9.7 (1) compared with 2017. The Argyll & Bute rate of alcohol related admissions is included as a comparison; this shows that the admission rate in Helensburgh & Lomond has been consistently lower than the rate in Argyll & Bute and Scotland.

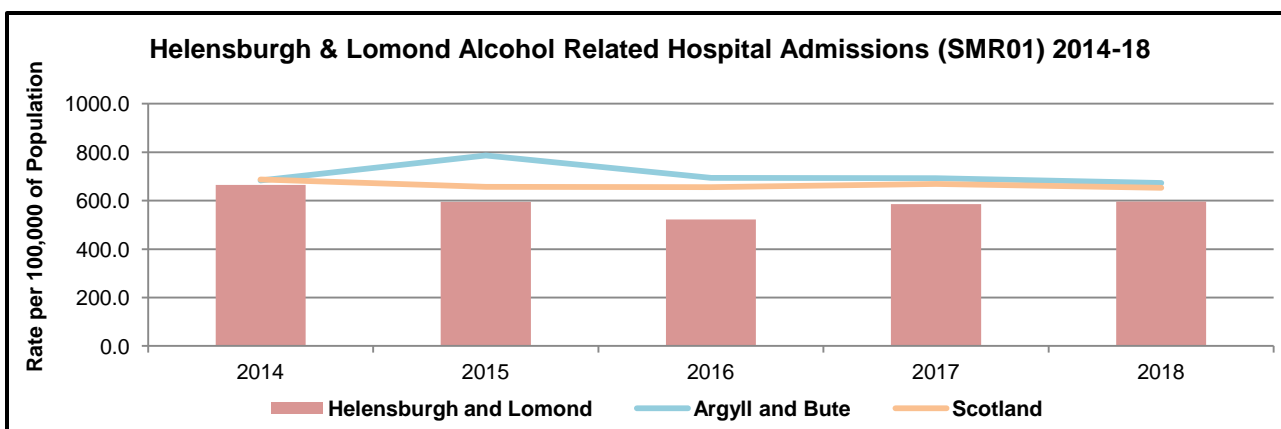


Chart 4 - ACaDMe Database and National Records of Scotland

Chart 5 shows the Mental Health (SMR04) alcohol related hospital admissions for Helensburgh & Lomond. In 2018, there was a rate of 24.0 (<10) alcohol related hospital admissions in Helensburgh & Lomond, an increase of 20.0 compared with 2017. The Argyll & Bute rate of alcohol related admissions is included as a comparison, this show that the admission rate in Helensburgh & Lomond is usually lower than Argyll & Bute, the exception being 2018. The rate is consistently lower than the Scottish rate.

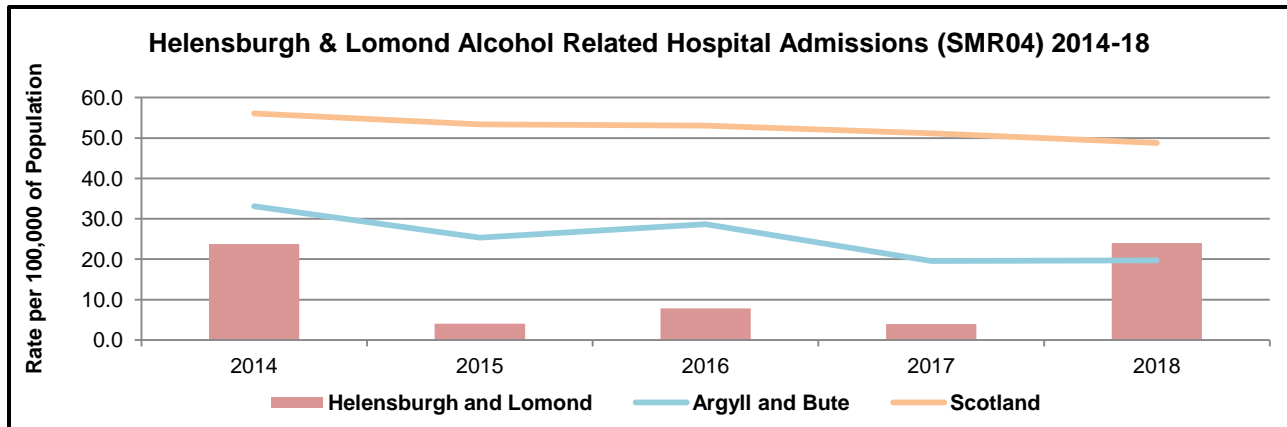


Chart 5 - ACaDMe Database and National Records of Scotland

The following table shows information on licensed premises in Helensburgh & Lomond by Datazone. The table was produced by The Centre for Research on Environment Society and Health (CRESH) in 2015 as part of a larger study on over provisioning in Scotland. It should be noted that although some licensed premises combine on and off sales the CRESH data doesn't show this. The shaded rows in the table are the areas where the total number of licensed premises is higher than the Scottish average for a Datazone.

Datazone and Name	Locality	Availability within 800 m of population centre		
		Total	Off-Sales	On-Sales
S01000792 Garelochhead	Helensburgh & Lomond	0	0	0
S01000799 Garelochhead	Helensburgh & Lomond	0	0	0
S01000783 Garelochhead	Helensburgh & Lomond	0	0	0
S01000790 Helensburgh West & Rhu	Helensburgh & Lomond	0	0	0
S01000796 Lomond Shore	Helensburgh & Lomond	0	0	0
S01000760 Garelochhead	Helensburgh & Lomond	1	0	1
S01000780 Garelochhead	Helensburgh & Lomond	1	1	0

S01000762 Helensburgh East	Helensburgh & Lomond	2	1	1
S01000765 Helensburgh East	Helensburgh & Lomond	2	1	1
S01000798 Garelochhead	Helensburgh & Lomond	2	1	1
S01000774 Helensburgh North	Helensburgh & Lomond	3	2	1
S01000781 Helensburgh West & Rhu	Helensburgh & Lomond	3	2	1
S01000784 Helensburgh North	Helensburgh & Lomond	3	0	3
S01000753 Lomond Shore	Helensburgh & Lomond	3	1	2
S01000777 Helensburgh North	Helensburgh & Lomond	3	2	1
S01000761 Garelochhead	Helensburgh & Lomond	4	1	3
S01000797 Garelochhead	Helensburgh & Lomond	4	2	2
S01000782 Helensburgh North	Helensburgh & Lomond	4	0	4
S01000776 Helensburgh North	Helensburgh & Lomond	4	2	2
S01000764 Helensburgh East	Helensburgh & Lomond	4	2	2
S01000770 Helensburgh East	Helensburgh & Lomond	5	3	2
S01000778 Helensburgh North	Helensburgh & Lomond	5	0	5
S01000773 Helensburgh West & Rhu	Helensburgh & Lomond	5	2	3
S01000758 Lomond Shore	Helensburgh & Lomond	5	1	4
S01000751 Lomond Shore	Helensburgh & Lomond	5	1	4
S01000788 Helensburgh West & Rhu	Helensburgh & Lomond	5	1	4
S01000767 Helensburgh East	Helensburgh & Lomond	6	4	2
S01000766 Helensburgh East	Helensburgh & Lomond	6	3	3
S01000804 Cowal North	Helensburgh & Lomond	7	2	5
S01000779 Helensburgh West & Rhu	Helensburgh & Lomond	7	2	5
S01000786 Helensburgh West & Rhu	Helensburgh & Lomond	7	1	6
S01000771 Helensburgh Centre	Helensburgh & Lomond	25	6	19
S01000768 Helensburgh Centre	Helensburgh & Lomond	30	8	22
S01000772 Helensburgh Centre	Helensburgh & Lomond	30	8	22
S01000769 Helensburgh Centre	Helensburgh & Lomond	31	8	23
S01000775 Helensburgh North	Helensburgh & Lomond	32	8	24

Table 1 - Highlighted rows are higher than the Scottish average

Richardson EA, Hill SE, Mitchell R, Pearce J and Shortt NK (2015) Is local alcohol outlet density related to alcohol-related morbidity and mortality in Scottish cities? *Health and Place* 33: 172-180

Chart 6 shows that there were no Alcohol Brief Interventions carried out in Helensburgh & Lomond between January and December of 2018.

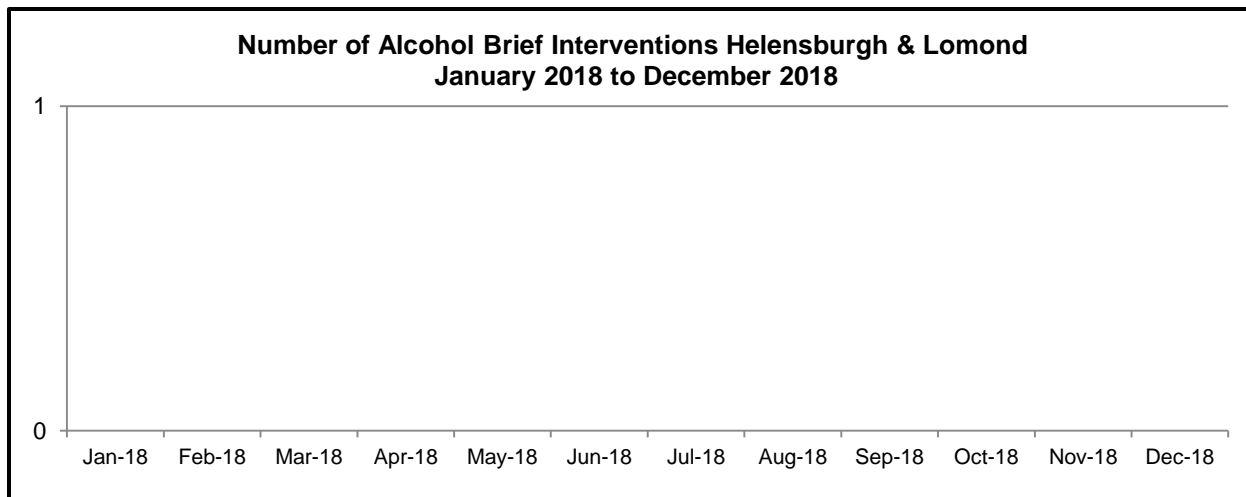


Chart 6 – Figures supplied by Joyce Ackroyd, Health Improvement Administrator

Chart 7 shows the drug related deaths for Helensburgh & Lomond. In 2018, there were 8.0 drug related deaths in Helensburgh & Lomond, an increase of 4.0 compared with 2017. The Argyll & Bute rate of drug related deaths is included as a comparison, this show that the death rate in Helensburgh & Lomond has been lower than Argyll & Bute and Scotland since 2014 when it was higher than both.

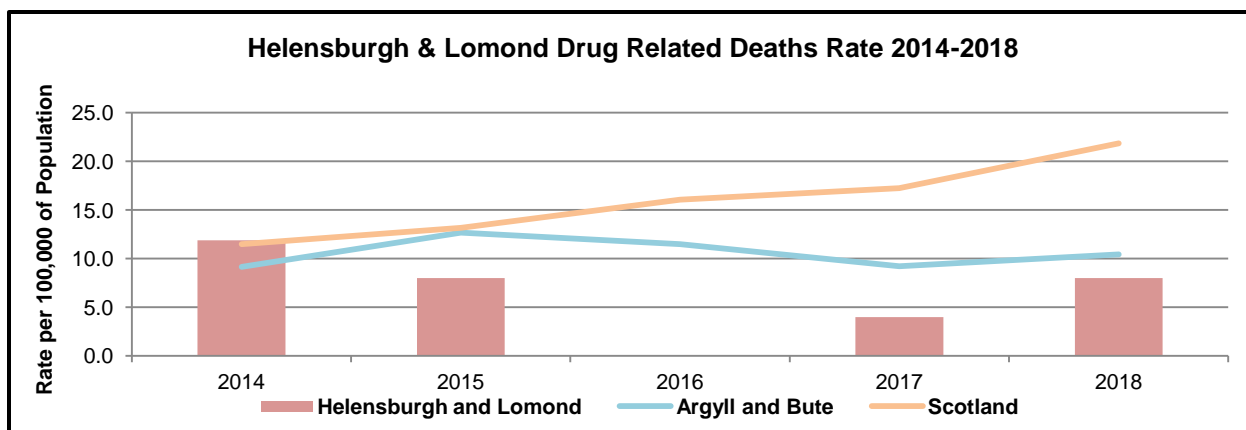


Chart 7: - ACaDMe Database and National Records of Scotland

Chart 8 shows the Acute (SMR01) drug related hospital admissions for Helensburgh & Lomond. In 2018, there was a rate of 155.9 (39) drug related hospital admissions in Helensburgh & Lomond, an increase of 17.3 compared with 2017. The Argyll & Bute rate of drug related admissions is included as a comparison, the rate for Helensburgh & Lomond was lower than Argyll & Bute as a whole and Scotland until 2017.

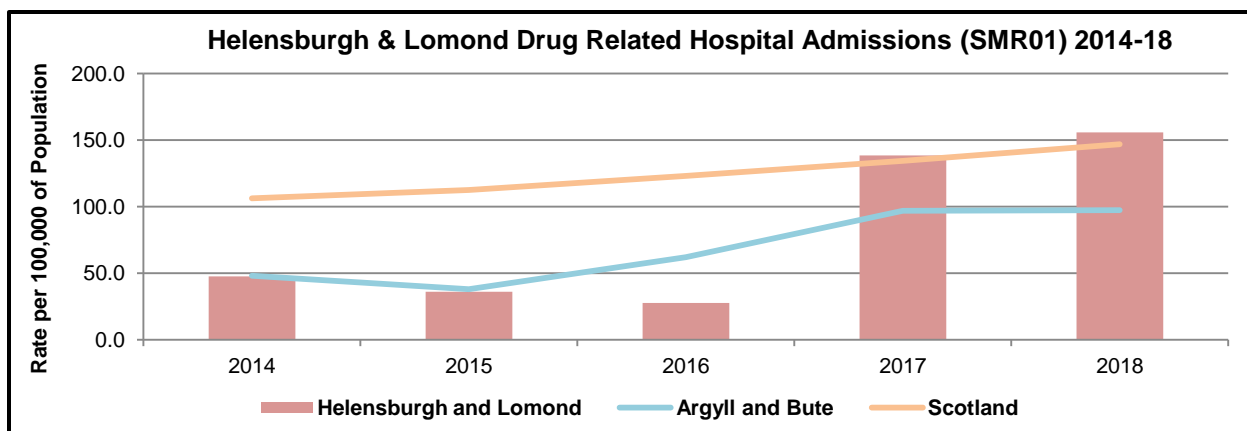


Chart 8 - ACaDMe Database and National Records of Scotland

Chart 9 shows the Mental Health (SMR04) drug related hospital admissions for Helensburgh & Lomond. In 2018, there were 0 drug related hospital admissions in Helensburgh & Lomond, a decrease of 7.9 compared with 2017. The Argyll & Bute rate of drug related admissions is included as a comparison; the rate for Helensburgh & Lomond has been lower than Argyll & Bute since 2014, when it was higher, and consistently lower than the rate for Scotland.

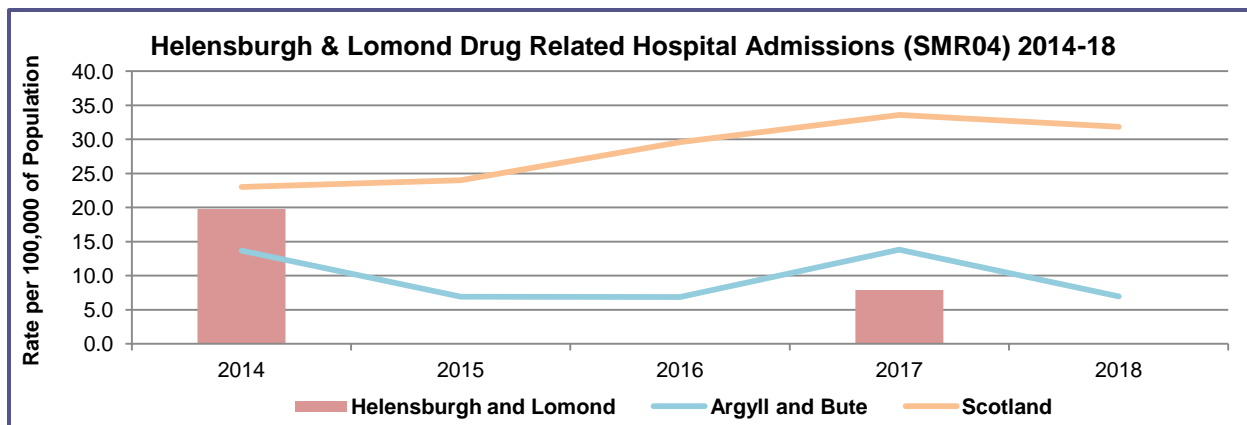


Chart 9 - ACaDMe Database and National Records of Scotland

Chart 10 shows the number of people who have been referred to ABAT or Addaction in Helensburgh & Lomond in 2018 based on whether they have started treatment, are awaiting treatment or never accessed treatment. Of those referred in Helensburgh & Lomond 70% start treatment and 25% didn't follow through with the referral and enter treatment.

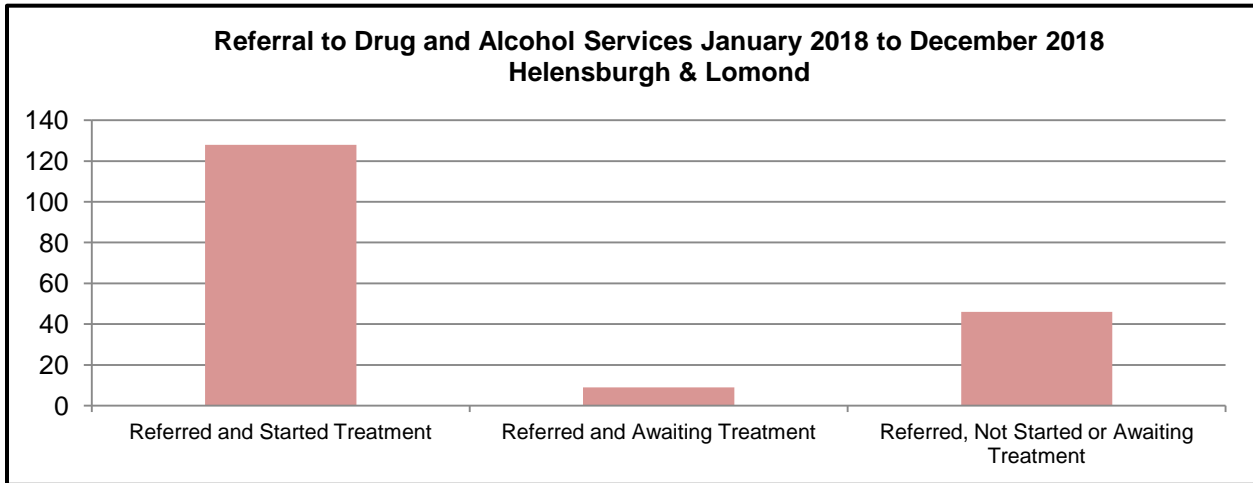


Chart 10 – Drug and Alcohol Treatment Waiting Times Database