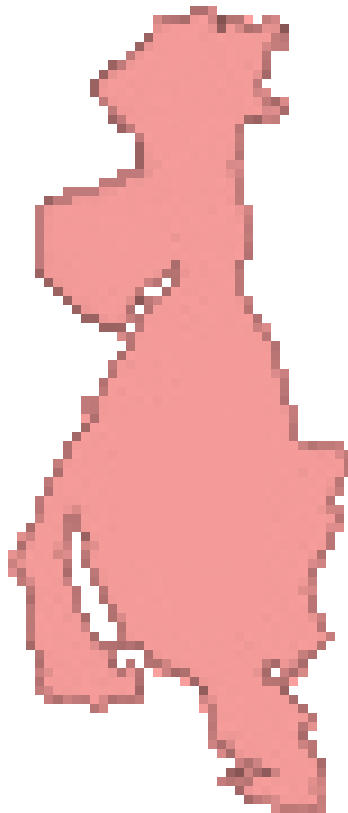




Argyll & Bute Alcohol and Drug Partnership

Helensburgh & Lomond Locality

Alcohol and Drug Report 2020



Demographics

In 2019 Helensburgh & Lomond had an estimated population of 24,934; this is a decrease in population of 103 since 2015. The following charts show the age and gender percentages. The population is 52.2% male and 51.7% of the population is 45 or older, for comparison the 2019 population of Scotland is 51.3% female and 46.6% of the population was 45 or older..

Helensburgh & Lomond Age Chart 2019

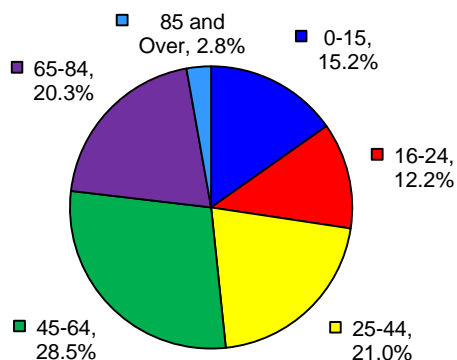


Chart 1 - ACaDMe Database and National Records of Scotland

Helensburgh & Lomond Gender Chart 2019

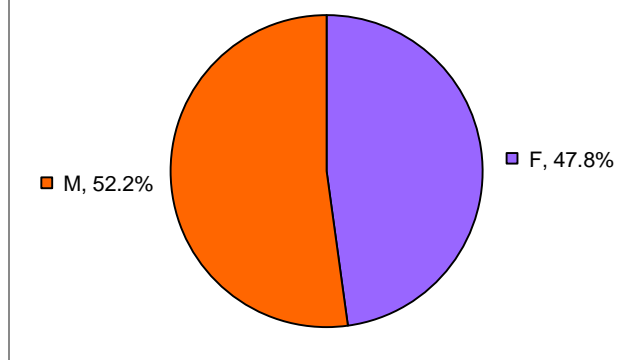


Chart 2 - ACaDMe Database and National Records of Scotland

All death and hospital admission figures represent the rate per 100,000 of population, numbers are shown in brackets. As numbers of alcohol and drug related deaths are low a small increase will show as a large rate change. Although the hospital charts show admissions the figures are based on discharge diagnosis as people are often admitted without the diagnosis being known. The rate for the admissions charts are calculated using the number of stays so there may be multiple admissions for the same patient.

Alcohol

In 2019, there were 8.0 (<5) alcohol specific deaths, a decrease of 16.0 compared with 2018. Chart 3 shows the rate for each year from 2015 to 2019, the Argyll & Bute and Scotland rate of alcohol specific deaths are included as a comparison, this demonstrates that the death rate in Helensburgh & Lomond is usually lower than the rate in Argyll & Bute rate, except in 2017. The rate was lower than the rate for the whole of Scotland except for 2017 and 2018.

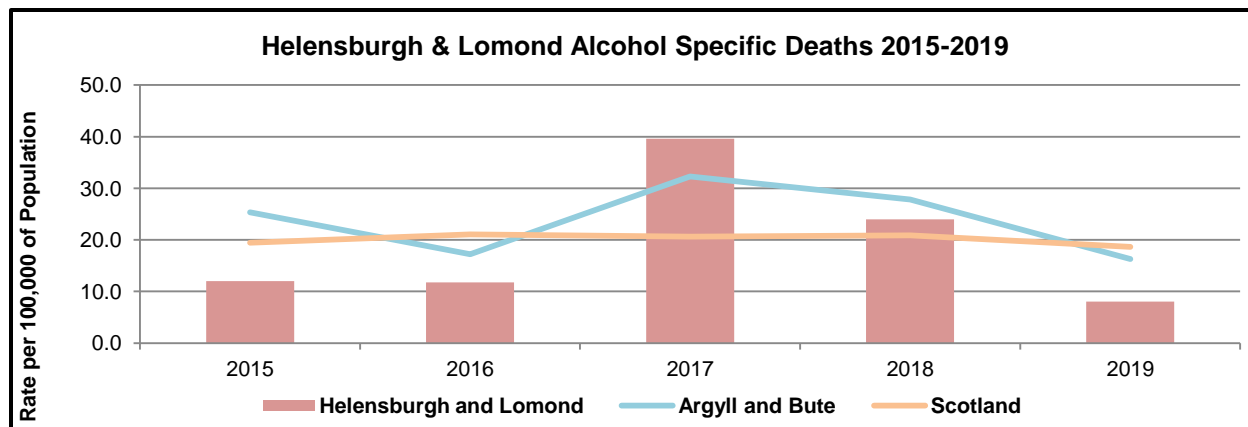


Chart 3: ACaDMe Database and National Records of Scotland

Chart 4 shows the Acute (SMR01) alcohol related hospital admissions for Helensburgh & Lomond. In 2019, there was a rate of 545.4 (136) alcohol related hospital admissions, a decrease of 50.1 (13) compared with 2018. The Argyll & Bute rate of alcohol related admissions is included as a comparison; this shows that the admission rate in Helensburgh & Lomond has been consistently lower than the rate in Argyll & Bute and Scotland.

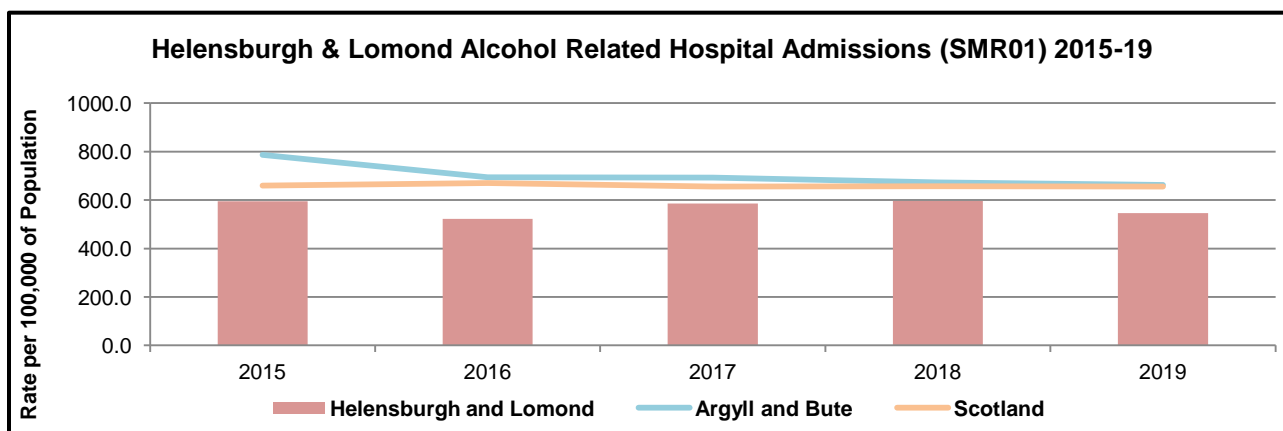


Chart 4 - ACaDMe Database

Chart 5 shows the Mental Health (SMR04) alcohol related hospital admissions for Helensburgh & Lomond. In 2019, there was a rate of 12.0 (<10) alcohol related hospital admissions in Helensburgh & Lomond, a decrease of 12.0 compared with 2018. The Argyll & Bute rate of alcohol related admissions is included as a comparison, this show that the admission rate in Helensburgh & Lomond is usually lower than Argyll & Bute, the exception being 2018. The rate is consistently lower than the Scottish rate.

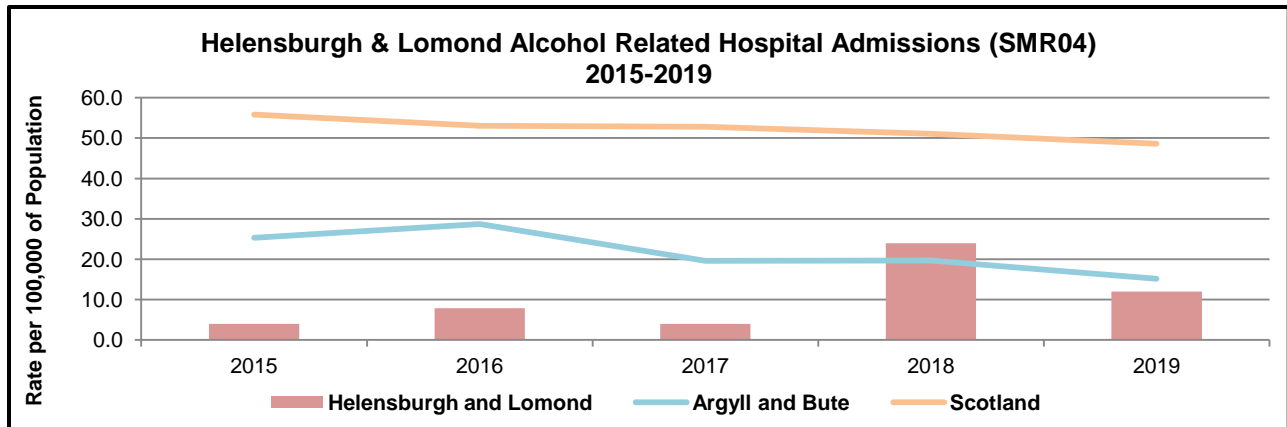


Chart 5 - ACaDMe Database

The following table shows information on licensed premises in Helensburgh & Lomond by Datazone. The table was produced by The Centre for Research on Environment Society and Health (CRESH) in 2015 as part of a larger study on over provisioning in Scotland. It should be noted that although some licensed premises combine on and off sales the CRESH data doesn't show this. The shaded rows in the table are the areas where the total number of licensed premises is higher than the Scottish average for a Datazone.

Datazone and Name	Locality	Availability within 800 m of population centre		
		Total	Off-Sales	On-Sales
S01000792 Garelochhead	Helensburgh & Lomond	0	0	0
S01000799 Garelochhead	Helensburgh & Lomond	0	0	0
S01000783 Garelochhead	Helensburgh & Lomond	0	0	0
S01000790 Helensburgh West & Rhu	Helensburgh & Lomond	0	0	0
S01000796 Lomond Shore	Helensburgh & Lomond	0	0	0
S01000760 Garelochhead	Helensburgh & Lomond	1	0	1
S01000780 Garelochhead	Helensburgh & Lomond	1	1	0

S01000762 Helensburgh East	Helensburgh & Lomond	2	1	1
S01000765 Helensburgh East	Helensburgh & Lomond	2	1	1
S01000798 Garelochhead	Helensburgh & Lomond	2	1	1
S01000774 Helensburgh North	Helensburgh & Lomond	3	2	1
S01000781 Helensburgh West & Rhu	Helensburgh & Lomond	3	2	1
S01000784 Helensburgh North	Helensburgh & Lomond	3	0	3
S01000753 Lomond Shore	Helensburgh & Lomond	3	1	2
S01000777 Helensburgh North	Helensburgh & Lomond	3	2	1
S01000761 Garelochhead	Helensburgh & Lomond	4	1	3
S01000797 Garelochhead	Helensburgh & Lomond	4	2	2
S01000782 Helensburgh North	Helensburgh & Lomond	4	0	4
S01000776 Helensburgh North	Helensburgh & Lomond	4	2	2
S01000764 Helensburgh East	Helensburgh & Lomond	4	2	2
S01000770 Helensburgh East	Helensburgh & Lomond	5	3	2
S01000778 Helensburgh North	Helensburgh & Lomond	5	0	5
S01000773 Helensburgh West & Rhu	Helensburgh & Lomond	5	2	3
S01000758 Lomond Shore	Helensburgh & Lomond	5	1	4
S01000751 Lomond Shore	Helensburgh & Lomond	5	1	4
S01000788 Helensburgh West & Rhu	Helensburgh & Lomond	5	1	4
S01000767 Helensburgh East	Helensburgh & Lomond	6	4	2
S01000766 Helensburgh East	Helensburgh & Lomond	6	3	3
S01000804 Cowal North	Helensburgh & Lomond	7	2	5
S01000779 Helensburgh West & Rhu	Helensburgh & Lomond	7	2	5
S01000786 Helensburgh West & Rhu	Helensburgh & Lomond	7	1	6
S01000771 Helensburgh Centre	Helensburgh & Lomond	25	6	19
S01000768 Helensburgh Centre	Helensburgh & Lomond	30	8	22
S01000772 Helensburgh Centre	Helensburgh & Lomond	30	8	22
S01000769 Helensburgh Centre	Helensburgh & Lomond	31	8	23
S01000775 Helensburgh North	Helensburgh & Lomond	32	8	24

Table 1 - Highlighted rows are higher than the Scottish average

Richardson EA, Hill SE, Mitchell R, Pearce J and Shortt NK (2015) Is local alcohol outlet density related to alcohol-related morbidity and mortality in Scottish cities? *Health and Place* 33: 172-180

No Alcohol Brief Interventions have been recorded in Helensburgh & Lomond between January and December of 2020.

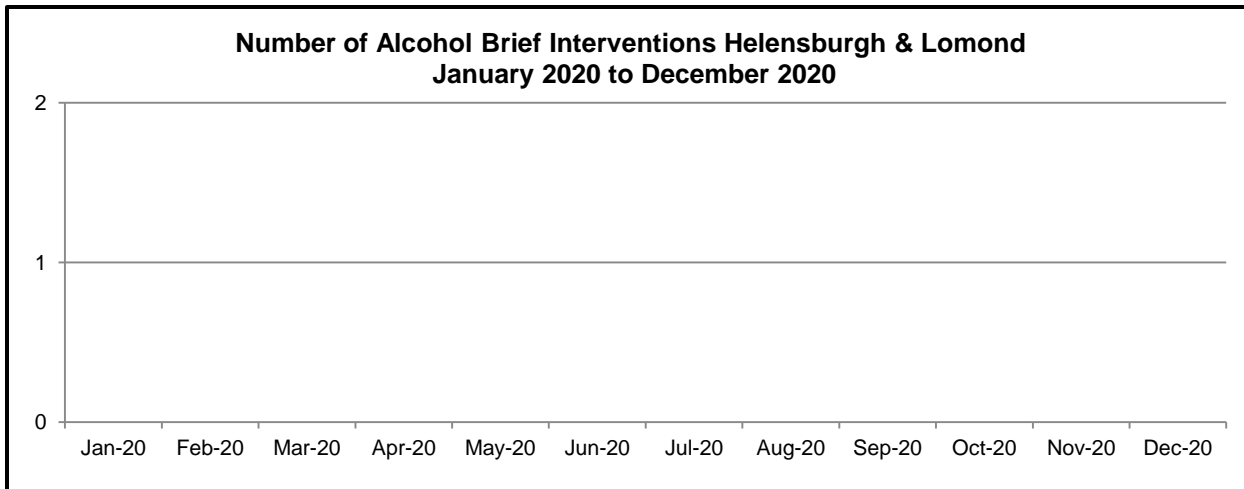


Chart 6 – Figures supplied by Joyce Ackroyd, Health Improvement Administrator

Drugs

Chart 7 shows the drug related deaths for Helensburgh & Lomond. In 2019, there were 4.0 (<5) drug related deaths in Helensburgh & Lomond, a decrease of 4.0 compared with 2018. The Argyll & Bute rate of drug related deaths is included as a comparison, this show that the death rate in Helensburgh & Lomond is consistently lower than Argyll & Bute and Scotland.

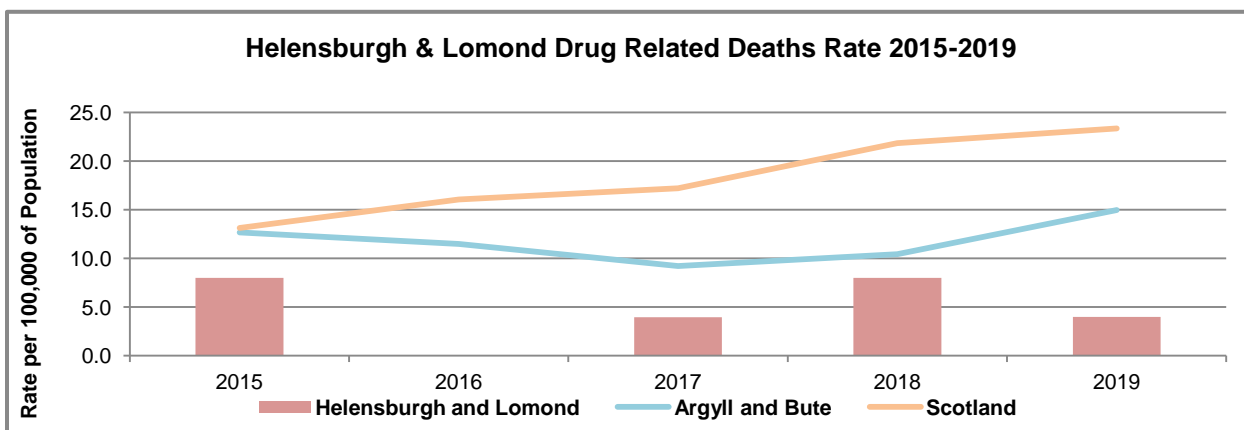


Chart 7: - ACaDMe Database and National Records of Scotland

Chart 8 shows the Acute (SMR01) drug related hospital admissions for Helensburgh & Lomond. In 2019, there was a rate of 132.3 (33) drug related hospital admissions in Helensburgh & Lomond, a decrease of 23.5 compared with 2018. The Argyll & Bute rate of drug related admissions is included as a comparison; the rate for Helensburgh & Lomond has been higher than the Argyll & Bute rate since 2017 and Scotland consistently lower than the rate in Scotland.

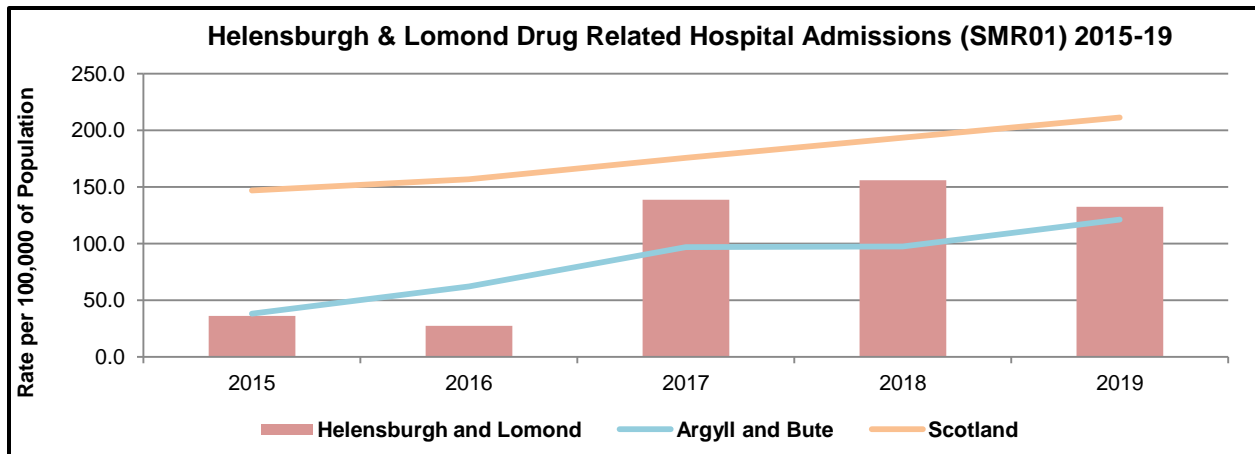


Chart 8 - ACaDMe Database

Chart 9 shows the Mental Health (SMR04) drug related hospital admissions for Helensburgh & Lomond. In 2019, there were 4.0 (<10) drug related hospital admissions in Helensburgh & Lomond, a increase of 4.0 compared with 2018. The Argyll & Bute rate of drug related admissions is included as a comparison; the rate for Helensburgh & Lomond has been consistently lower than the rate in Argyll & Bute and Scotland.

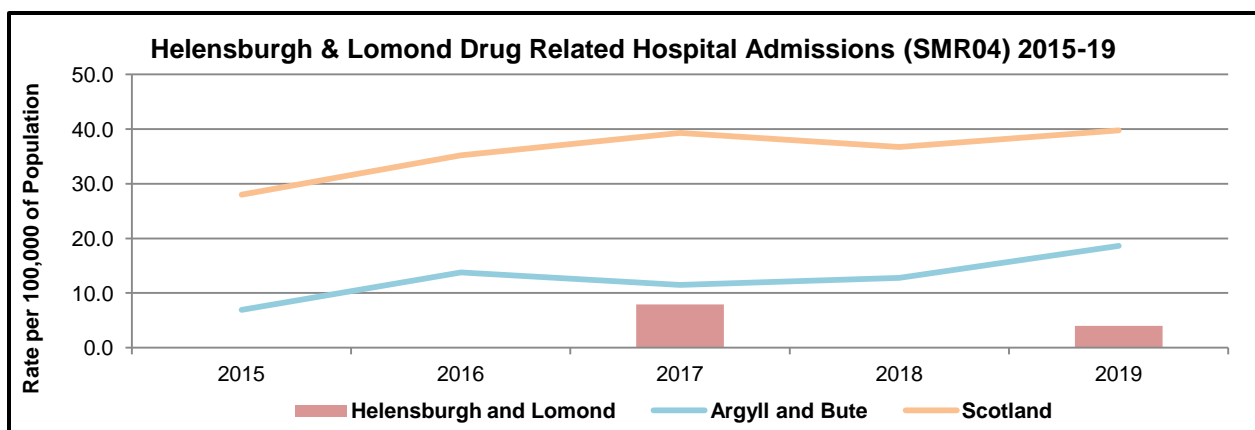


Chart 9 - ACaDMe Database

Chart 10 shows the number of Naloxone kits issued by reason of issue in Helensburgh & Lomond by the harm reduction service in Argyll and Bute. It does not include some of the sources which are now supplying Naloxone, for example SFAD, Scottish Ambulance Service, etc.

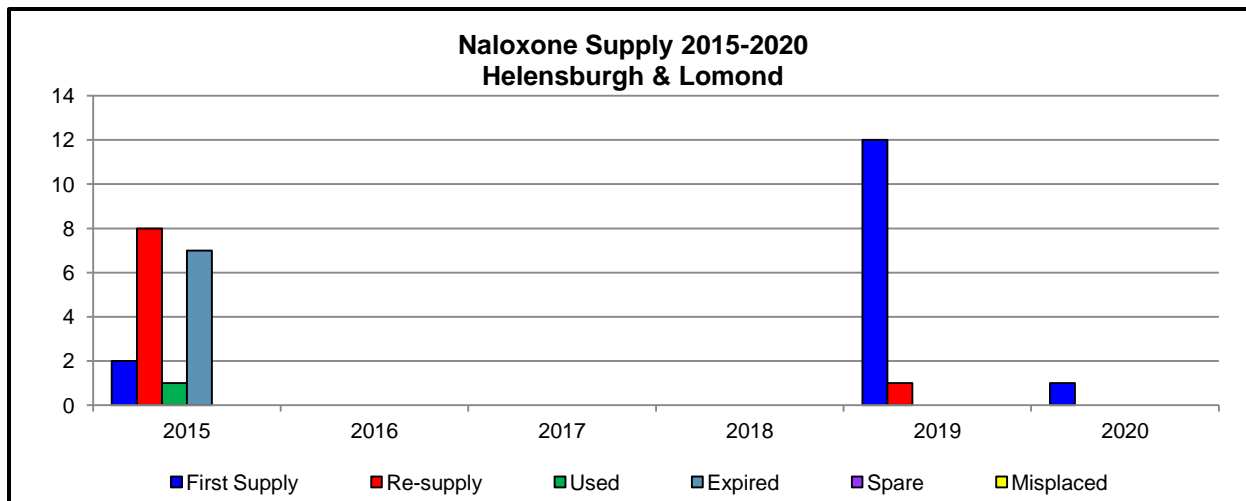


Chart 10 – Figures supplied by Kirsteen Menzies, Harm Reduction Nurse

Chart 11 shows the number of needles, syringes and needles with syringes supplied by Community Pharmacies and harm reduction services within Helensburgh & Lomond.

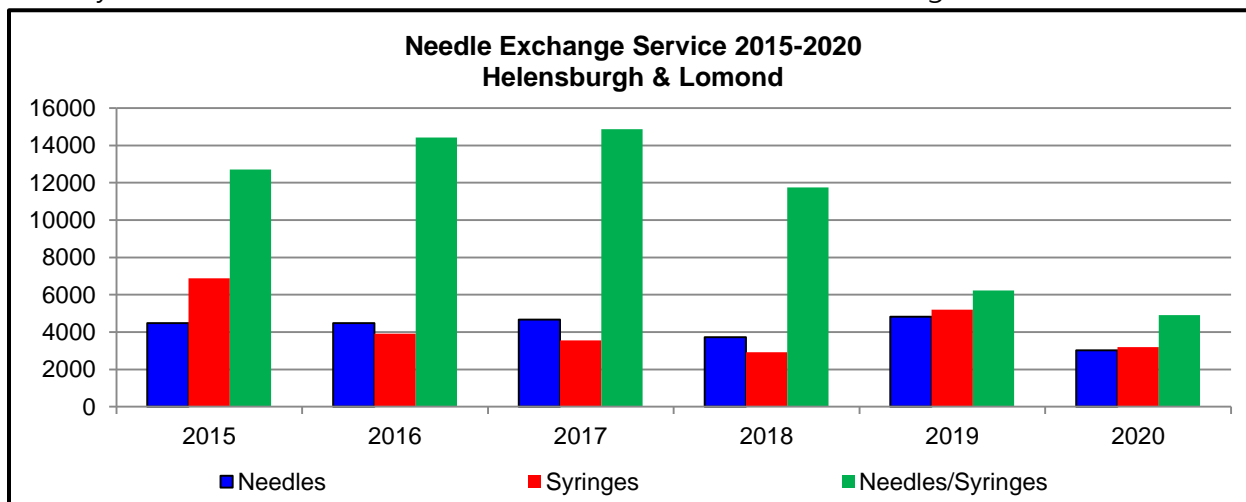


Chart 11 – Figures supplied by Kirsteen Menzies, Harm Reduction Nurse

Chart 12 shows the supervisions for OST dispensing by Community Pharmacies in Helensburgh & Lomond; this is not the full dispensing picture as dispensing GP practice figures are not included. One of the five GP practices in Helensburgh & Lomond is a dispensing practice. The number of Methadone supervisions are consistently higher than the number of Buprenorphine supervisions. The number of supervisions has been decreasing each year.

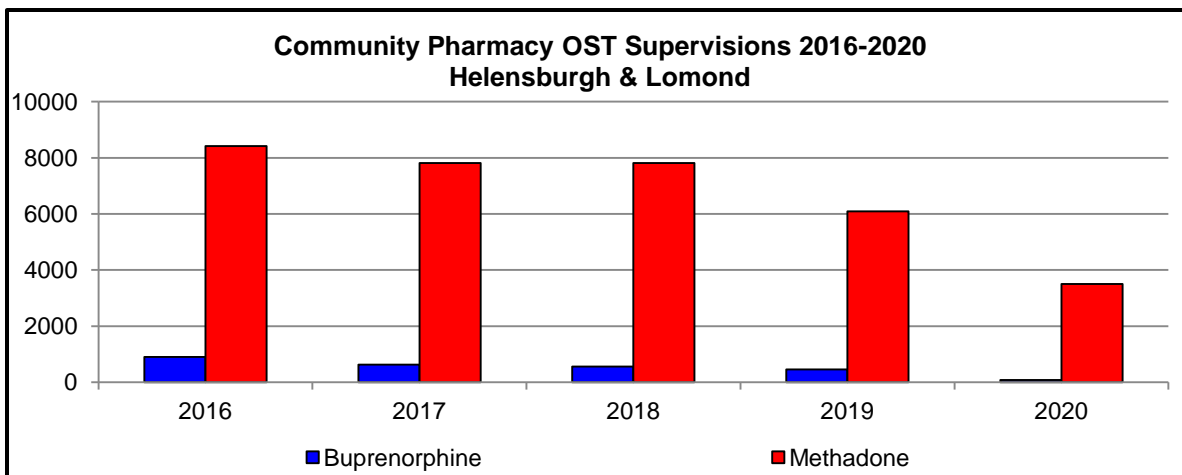


Chart 12 – Figures supplied by Tracy Beauchamp, Pharmacy Data Analyst Specialist

Waiting Times

Chart 13 shows the number of people who have been referred to ABAT or WAWY in Helensburgh & Lomond in 2020 based on whether they have started treatment, are awaiting treatment or never accessed treatment. Of those referred in Helensburgh & Lomond 68% start treatment and 15% didn't follow through with the referral and enter treatment.

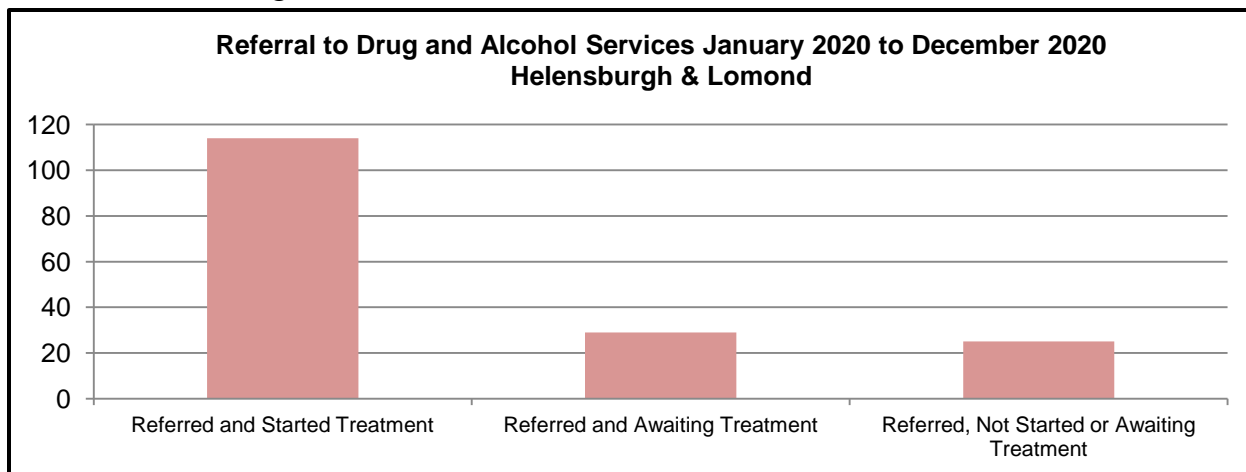


Chart 13 – Drug and Alcohol Treatment Waiting Times Database