ARGYLL AND BUTE ALCOHOL AND DRUG PARTNERSHIP

Residential Rehabilitation Pathway

Thinking about residential rehabilitation? Start by contacting Argyll and Bute Drug and Alcohol Recovery Service (DARS) or WithYou to discuss the overall support available to you, including residential rehab.

Argyll and Bute Alcohol and Drug Partnership (ADP) is committed to increasing the number of people referred to and supported to access residential rehabilitation. This pathway sets out a clear and consistent process for referral and access to residential rehab across Argyll and Bute, helping to make the process easier to navigate and ensuring individuals are fully informed and supported in their choice of treatment.

WHO IS RESIDENTIAL REHABILITATION FOR?

Residential rehabilitation is an intensive form of support and is usually considered when assessment shows it is suitable, the person is ready to take part, preparation has been completed and community options have been fully explored. It is one part of a wider recovery journey, not an immediate or guaranteed solution.

WHEN MAY RESIDENTIAL REHABILITATION BE CONSIDERED?

Residential rehabilitation may be considered where the following apply. Each application is assessed individually:

- You live in Argyll and Bute.
- You are receiving support from DARS or WithYou, or are being supported through an established Community Justice referral route.
- A full assessment and recovery plan have been completed, including consideration of whether detoxification is required.
- Assessment indicates that residential rehabilitation may be suitable in view of your alcohol or drug use, needs and level of risk.
- You are willing and ready to take part in the preparation required and in the provider's structured, intensive programme.
- Appropriate community-based treatment and recovery support options have been fully explored and exhausted.
- You are willing to engage with an agreed care and aftercare plan before, during and after the placement.

Meeting the criteria does not guarantee a placement.

What are the stages of the process for accessing Residential Rehabilitation?

1 CONTACT DARS OR WITHYOU If you are not already receiving support, contact DARS or WithYou. You will be referred for a full assessment and recovery plan before eligibility for residential rehabilitation is considered. Community Justice is also an established referral route for people it supports.	**2 DISCUSS YOUR NEEDS** A worker will talk with you about your circumstances, goals, treatment needs and the different recovery options that may be right for you.
3 PREPARATION MAY COME FIRST Your worker may discuss residential rehabilitation as a goal to work towards in future. Preparation and community-based support steps need to be completed first.	**4 ASSESSMENT AND COMMUNITY SUPPORT** You and your worker will explore local treatment and community support options. These should be fully explored before a residential rehabilitation application is submitted.
5 RESIDENTIAL REHABILITATION ASSESSMENT AND PLANNING If residential rehabilitation may be suitable, you and your worker consider providers, preparation, housing, risks, practical arrangements and the support needed before admission.	**6 CARE AND AFTERCARE PLAN** A plan is agreed with you and the relevant services, covering support before, during and after any placement.
7 APPLICATION COMPLETED You and your worker complete the referral form. A service manager or team leader checks it before submission to the Residential Rehabilitation Group.	**8 GROUP CONSIDERATION** Your worker presents the application to the Residential Rehabilitation Monitoring Group, which considers suitability, preparation, support arrangements and funding.
9 PLACEMENT AND REVIEWS If approved, the provider, funding, admission date, detox arrangements where required and review dates are confirmed. Progress is reviewed during the placement.	**10 RETURN HOME AND ONGOING SUPPORT** Before discharge, aftercare arrangements are confirmed. Follow-up and evaluation continue as part of your wider recovery plan.

FOR INDIVIDUALS, FAMILIES AND CARERS: There are many ways to recover from problematic substance use. There are many pathways that work. Residential rehabilitation is one of them, but it does not work for everybody. Whoever you come into contact with will help you find the right recovery path for your loved one.

CONTACTS

DARS (main office) **01546 605602** www.nhshighland.scot.nhs.uk/your-services/all-services-a-z/drug-and-alcohol-recovery/drug-and-alcohol-recovery-argyll-and-bute/	**WithYou Argyll and Bute** **0800 652 1944 (freephone)** www.wearewithyou.org.uk/local-hubs/argyll-and-bute/contact-us

IMPORTANT: An application is not a guarantee of a placement