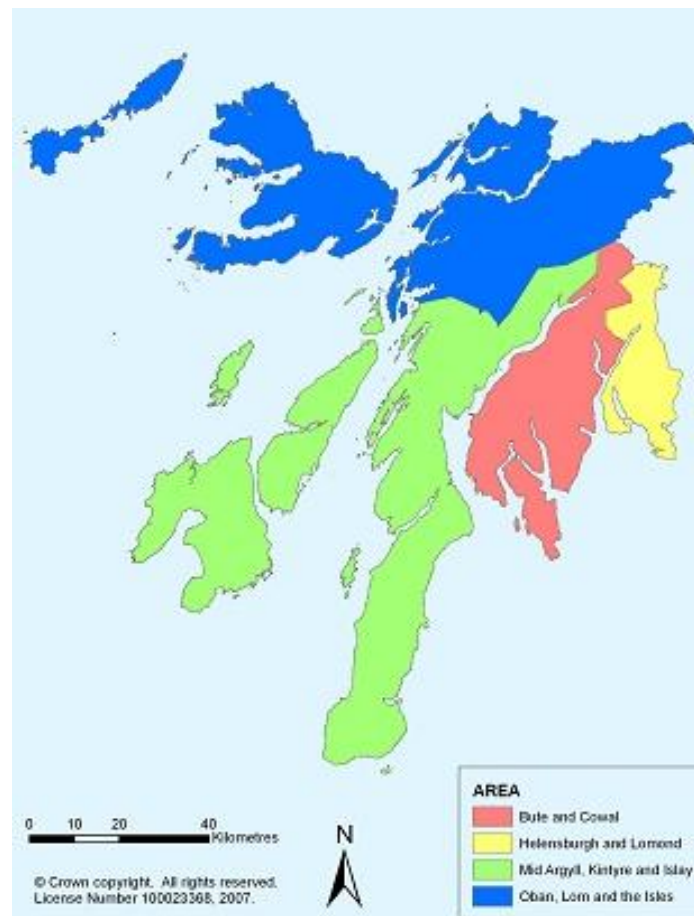




# Argyll & Bute Alcohol and Drug Partnership

## Argyll & Bute

### Alcohol and Drug Report 2020



## Demographics

In 2019 Argyll & Bute had an estimated population of 85,870; this is a decrease in population of 1,020 since 2015. The following charts show the age and gender percentages. The population is 50.2% female and 56.0% of the population is 45 or older, for comparison the 2019 population of Scotland is 51.3% female and 46.6% of the population is 45 or older.

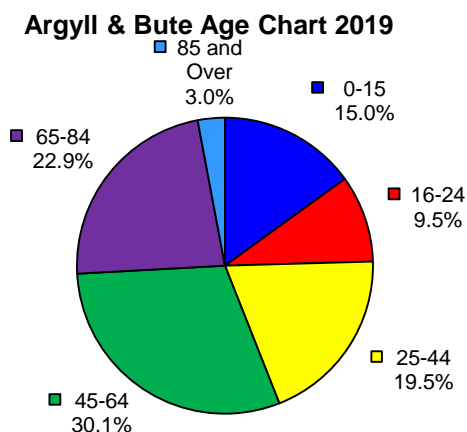


Chart 1: National Records of Scotland

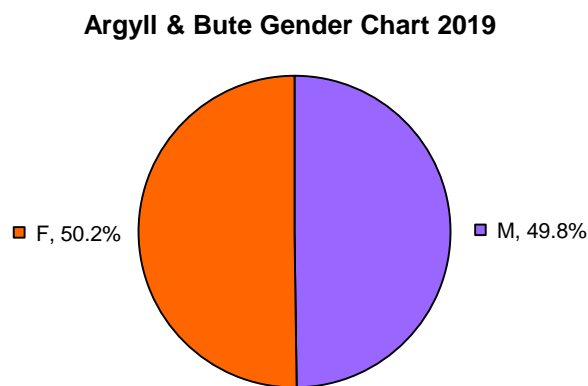


Chart 2: National Records of Scotland

All death and hospital admission figures represent the rate per 100,000 of population, numbers are shown in brackets. As the numbers of alcohol and drug related deaths are low a small increase will show as a large rate change. Although the hospital charts show admissions the figures are based on discharge diagnosis as people are often admitted without the diagnosis being known. The rate for the admissions charts are calculated using the number of stays so there may be multiple admissions for the same patient.

## Alcohol

In 2019, there was a rate of 16.3 (14) alcohol specific deaths, a decrease of 11.5 compared with 2018. Chart 3 shows the rate for each year from 2015 to 2019, the Scottish rate of alcohol specific deaths is included as a comparison, this demonstrates that the death rate in Argyll & Bute is usually higher, except for in 2016 and 2019, than the rate for Scotland.

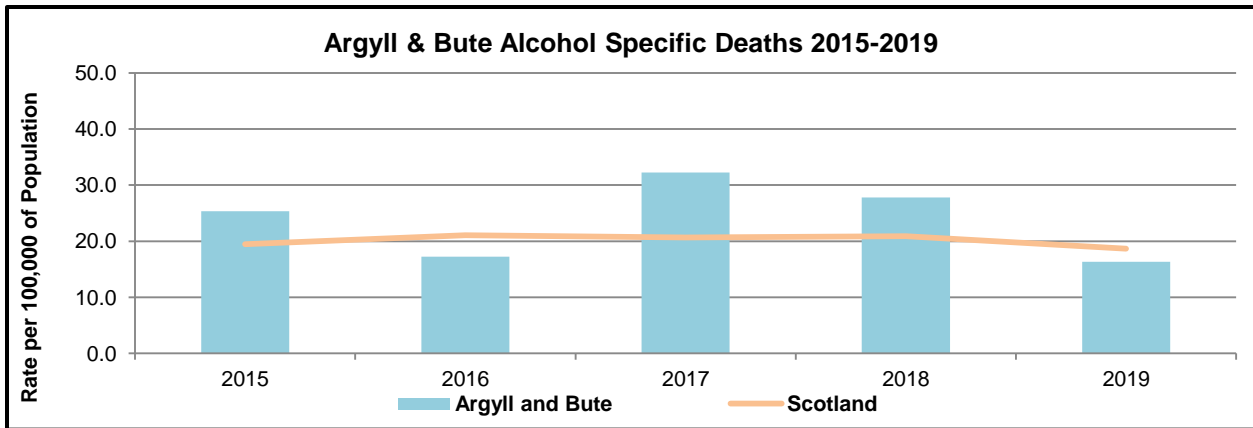


Chart 3: ACaDMe Database and National Records of Scotland

Chart 4 shows the Acute (SMR01) alcohol related hospital admissions for Argyll & Bute. In 2019, there was a rate of 662.6 (569) alcohol related hospital admissions, a decrease of 9.8 (11) compared with 2018. The Scottish rate of alcohol related admissions is included as a comparison, this show that the admission rate in Argyll & Bute is very similar to Scotland but has been higher every year since 2015.

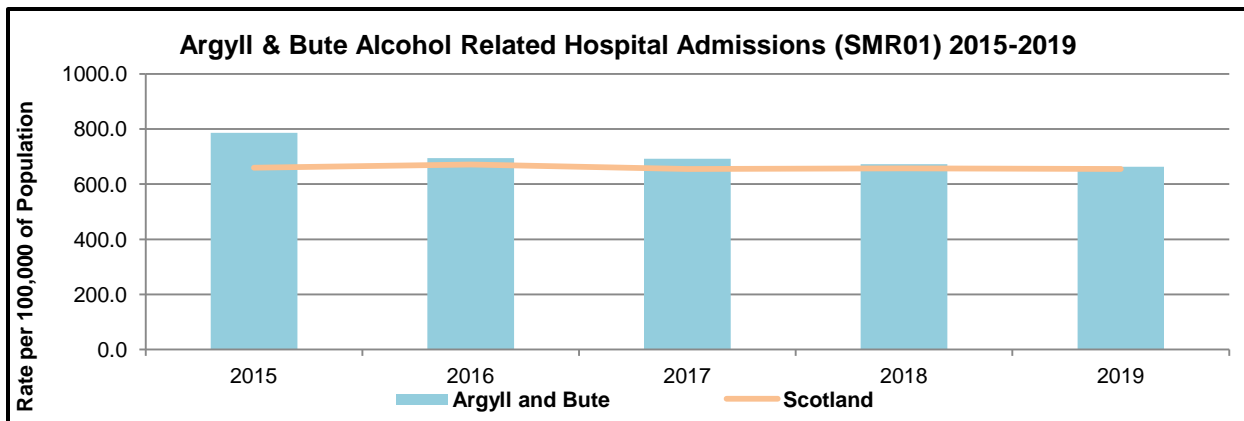


Chart 4: - ACaDMe Database

Chart 5 shows the Mental Health (SMR04) alcohol related hospital admissions for Argyll & Bute. In 2019, there was a rate of 15.1 (13) alcohol related hospital admissions in Argyll & Bute, a decrease of 4.6 (<10) compared with 2018. The Scottish rate of alcohol related admissions is included as a comparison, this show that the admission rate for Argyll & Bute is consistently lower than the rate for Scotland

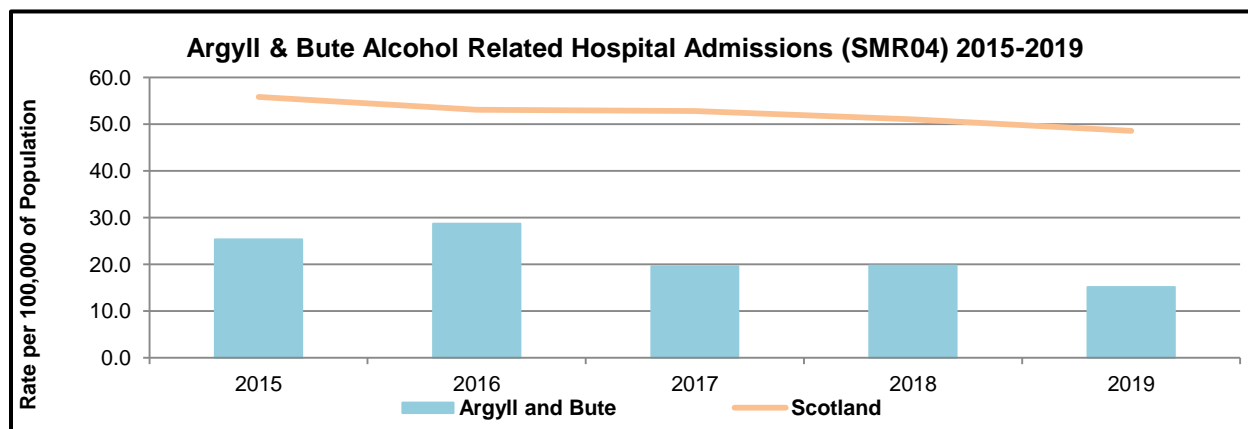


Chart 5: - ACaDMe Database

The following table shows information on licensed premises in Argyll & Bute by Datazone. The table was produced by The Centre for Research on Environment Society and Health (CRESH) in 2015 as part of a larger study on over provisioning in Scotland. It should be noted that although some licensed premises combine on and off sales the CRESH data doesn't show this. The shaded rows in the table are the areas where the total number of licensed premises is higher than the Scottish average for a Datazone.

| Cowal and Bute          |              | Availability within 800 m of population centre |           |          |
|-------------------------|--------------|--|-----------|----------|
| Datazone and Name       | Locality     | Total  | Off-Sales | On-Sales |
| S01000787 Cowal South   | Cowal & Bute | 0  | 0         | 0        |
| S01000742 Cowal South   | Cowal & Bute | 0  | 0         | 0        |
| S01000800 Cowal North   | Cowal & Bute | 0  | 0         | 0        |
| S01000728 Bute          | Cowal & Bute | 0  | 0         | 0        |
| S01000785 Cowal North   | Cowal & Bute | 1  | 0         | 1        |
| S01000759 Hunter's Quay | Cowal & Bute | 2  | 0         | 2        |
| S01000741 Cowal South   | Cowal & Bute | 2  | 0         | 2        |
| S01000757 Hunter's Quay | Cowal & Bute | 2  | 1         | 1        |

|                         |              |    |   |    |
|-------------------------|--------------|----|---|----|
| S01000805 Cowal North   | Cowal & Bute | 2  | 1 | 1  |
| S01000736 Bute          | Cowal & Bute | 3  | 1 | 2  |
| S01000740 Cowal South   | Cowal & Bute | 3  | 1 | 2  |
| S01000737 Bute          | Cowal & Bute | 4  | 0 | 4  |
| S01000734 Rothesay Town | Cowal & Bute | 4  | 0 | 4  |
| S01000743 Dunoon        | Cowal & Bute | 4  | 0 | 4  |
| S01000756 Hunter's Quay | Cowal & Bute | 6  | 1 | 5  |
| S01000754 Hunter's Quay | Cowal & Bute | 10 | 4 | 6  |
| S01000750 Hunter's Quay | Cowal & Bute | 11 | 4 | 7  |
| S01000752 Hunter's Quay | Cowal & Bute | 11 | 4 | 7  |
| S01000749 Dunoon        | Cowal & Bute | 13 | 4 | 9  |
| S01000729 Rothesay Town | Cowal & Bute | 19 | 4 | 15 |
| S01000727 Bute          | Cowal & Bute | 19 | 4 | 15 |
| S01000735 Rothesay Town | Cowal & Bute | 24 | 5 | 19 |
| S01000731 Rothesay Town | Cowal & Bute | 24 | 5 | 19 |
| S01000730 Rothesay Town | Cowal & Bute | 24 | 5 | 19 |
| S01000732 Rothesay Town | Cowal & Bute | 25 | 5 | 20 |
| S01000748 Dunoon        | Cowal & Bute | 25 | 6 | 19 |
| S01000733 Rothesay Town | Cowal & Bute | 27 | 5 | 22 |
| S01000744 Dunoon        | Cowal & Bute | 28 | 5 | 23 |
| S01000745 Dunoon        | Cowal & Bute | 28 | 5 | 23 |
| S01000746 Dunoon        | Cowal & Bute | 30 | 6 | 24 |
| S01000747 Dunoon        | Cowal & Bute | 33 | 8 | 25 |

| Helensburgh & Lomond             |                      | Availability within 800 m of population centre |           |          |
|----------------------------------|----------------------|--|-----------|----------|
| Datazone and Name                | Locality             | Total  | Off-Sales | On-Sales |
| S01000792 Garelochhead           | Helensburgh & Lomond | 0  | 0         | 0        |
| S01000799 Garelochhead           | Helensburgh & Lomond | 0  | 0         | 0        |
| S01000783 Garelochhead           | Helensburgh & Lomond | 0  | 0         | 0        |
| S01000790 Helensburgh West & Rhu | Helensburgh & Lomond | 0  | 0         | 0        |
| S01000796 Lomond Shore           | Helensburgh & Lomond | 0  | 0         | 0        |
| S01000760 Garelochhead           | Helensburgh & Lomond | 1  | 0         | 1        |
| S01000780 Garelochhead           | Helensburgh & Lomond | 1  | 1         | 0        |

|                                  |                      |    |   |    |
|----------------------------------|----------------------|----|---|----|
| S01000762 Helensburgh East       | Helensburgh & Lomond | 2  | 1 | 1  |
| S01000765 Helensburgh East       | Helensburgh & Lomond | 2  | 1 | 1  |
| S01000798 Garelochhead           | Helensburgh & Lomond | 2  | 1 | 1  |
| S01000774 Helensburgh North      | Helensburgh & Lomond | 3  | 2 | 1  |
| S01000781 Helensburgh West & Rhu | Helensburgh & Lomond | 3  | 2 | 1  |
| S01000784 Helensburgh North      | Helensburgh & Lomond | 3  | 0 | 3  |
| S01000753 Lomond Shore           | Helensburgh & Lomond | 3  | 1 | 2  |
| S01000777 Helensburgh North      | Helensburgh & Lomond | 3  | 2 | 1  |
| S01000761 Garelochhead           | Helensburgh & Lomond | 4  | 1 | 3  |
| S01000797 Garelochhead           | Helensburgh & Lomond | 4  | 2 | 2  |
| S01000782 Helensburgh North      | Helensburgh & Lomond | 4  | 0 | 4  |
| S01000776 Helensburgh North      | Helensburgh & Lomond | 4  | 2 | 2  |
| S01000764 Helensburgh East       | Helensburgh & Lomond | 4  | 2 | 2  |
| S01000770 Helensburgh East       | Helensburgh & Lomond | 5  | 3 | 2  |
| S01000778 Helensburgh North      | Helensburgh & Lomond | 5  | 0 | 5  |
| S01000773 Helensburgh West & Rhu | Helensburgh & Lomond | 5  | 2 | 3  |
| S01000758 Lomond Shore           | Helensburgh & Lomond | 5  | 1 | 4  |
| S01000751 Lomond Shore           | Helensburgh & Lomond | 5  | 1 | 4  |
| S01000788 Helensburgh West & Rhu | Helensburgh & Lomond | 5  | 1 | 4  |
| S01000767 Helensburgh East       | Helensburgh & Lomond | 6  | 4 | 2  |
| S01000766 Helensburgh East       | Helensburgh & Lomond | 6  | 3 | 3  |
| S01000804 Cowal North            | Helensburgh & Lomond | 7  | 2 | 5  |
| S01000779 Helensburgh West & Rhu | Helensburgh & Lomond | 7  | 2 | 5  |
| S01000786 Helensburgh West & Rhu | Helensburgh & Lomond | 7  | 1 | 6  |
| S01000771 Helensburgh Centre     | Helensburgh & Lomond | 25 | 6 | 19 |
| S01000768 Helensburgh Centre     | Helensburgh & Lomond | 30 | 8 | 22 |
| S01000772 Helensburgh Centre     | Helensburgh & Lomond | 30 | 8 | 22 |
| S01000769 Helensburgh Centre     | Helensburgh & Lomond | 31 | 8 | 23 |
| S01000775 Helensburgh North      | Helensburgh & Lomond | 32 | 8 | 24 |

| Mid Argyll, Kintyre & Islay    |                             | Availability within 800 m of population centre |           |          |
|--------------------------------|-----------------------------|--|-----------|----------|
|                                |                             | Total  | Off-Sales | On-Sales |
| Datazone and Name              | Locality                    |  |           |          |
| S01000723 Whisky Isles         | Mid Argyll, Kintyre & Islay | 0  | 0         | 0        |
| S01000720 Kintyre Trail        | Mid Argyll, Kintyre & Islay | 0  | 0         | 0        |
| S01000803 Mid Argyll           | Mid Argyll, Kintyre & Islay | 0  | 0         | 0        |
| S01000802 Mid Argyll           | Mid Argyll, Kintyre & Islay | 0  | 0         | 0        |
| S01000714 Kintyre Trail        | Mid Argyll, Kintyre & Islay | 0  | 0         | 0        |
| S01000725 Kintyre Trail        | Mid Argyll, Kintyre & Islay | 0  | 0         | 0        |
| S01000763 Mid Argyll           | Mid Argyll, Kintyre & Islay | 0  | 0         | 0        |
| S01000721 Kintyre Trail        | Mid Argyll, Kintyre & Islay | 1  | 1         | 0        |
| S01000801 Mid Argyll           | Mid Argyll, Kintyre & Islay | 1  | 0         | 1        |
| S01000791 Greater Lochgilphead | Mid Argyll, Kintyre & Islay | 2  | 0         | 2        |
| S01000711 Kintyre Trail        | Mid Argyll, Kintyre & Islay | 2  | 0         | 2        |
| S01000755 Whisky Isles         | Mid Argyll, Kintyre & Islay | 2  | 1         | 1        |
| S01000726 Whisky Isles         | Mid Argyll, Kintyre & Islay | 3  | 1         | 2        |
| S01000789 Greater Lochgilphead | Mid Argyll, Kintyre & Islay | 4  | 2         | 2        |
| S01000722 Whisky Isles         | Mid Argyll, Kintyre & Islay | 5  | 2         | 3        |
| S01000724 Whisky Isles         | Mid Argyll, Kintyre & Islay | 6  | 2         | 4        |
| S01000793 Greater Lochgilphead | Mid Argyll, Kintyre & Islay | 9  | 2         | 7        |
| S01000718 Campbeltown          | Mid Argyll, Kintyre & Islay | 9  | 4         | 5        |
| S01000807 Loch Awe             | Mid Argyll, Kintyre & Islay | 9  | 3         | 6        |
| S01000795 Greater Lochgilphead | Mid Argyll, Kintyre & Islay | 9  | 2         | 7        |
| S01000794 Greater Lochgilphead | Mid Argyll, Kintyre & Islay | 9  | 2         | 7        |
| S01000739 Kintyre Trail        | Mid Argyll, Kintyre & Islay | 13   | 3         | 10       |
| S01000738 Kintyre Trail        | Mid Argyll, Kintyre & Islay | 13   | 3         | 10       |
| S01000712 Campbeltown          | Mid Argyll, Kintyre & Islay | 20   | 4         | 16       |
| S01000713 Campbeltown          | Mid Argyll, Kintyre & Islay | 20   | 4         | 16       |
| S01000717 Campbeltown          | Mid Argyll, Kintyre & Islay | 22   | 7         | 15       |
| S01000715 Campbeltown          | Mid Argyll, Kintyre & Islay | 24   | 6         | 18       |
| S01000716 Campbeltown          | Mid Argyll, Kintyre & Islay | 25   | 7         | 18       |
| S01000719 Kintyre Trail        | Mid Argyll, Kintyre & Islay | 25   | 7         | 18       |

| Oban, Lorn & Isles                   |                    | Availability within 800 m of population centre |           |          |
|--------------------------------------|--------------------|--|-----------|----------|
|                                      |                    | Total  | Off-Sales | On-Sales |
| Datazone and Name                    | Locality           |  |           |          |
| S01000831 Mull, Iona, Coll and Tiree | Oban, Lorn & Isles | 0  | 0         | 0        |
| S01000830 Mull, Iona, Coll and Tiree | Oban, Lorn & Isles | 0  | 0         | 0        |
| S01000809 Mull, Iona, Coll and Tiree | Oban, Lorn & Isles | 0  | 0         | 0        |
| S01000827 Benderloch Trail           | Oban, Lorn & Isles | 0  | 0         | 0        |
| S01000806 Whiskey Isles              | Oban, Lorn & Isles | 0  | 0         | 0        |
| S01000810 Benderloch Trail           | Oban, Lorn & Isles | 0  | 0         | 0        |
| S01000819 Loch Awe                   | Oban, Lorn & Isles | 0  | 0         | 0        |
| S01000820 Mull, Iona, Coll and Tiree | Oban, Lorn & Isles | 0  | 0         | 0        |
| S01000829 Benderloch Trail           | Oban, Lorn & Isles | 0  | 0         | 0        |
| S01000808 Loch Awe                   | Oban, Lorn & Isles | 1  | 0         | 1        |
| S01000826 Benderloch Trail           | Oban, Lorn & Isles | 2  | 1         | 1        |
| S01000825 Benderloch Trail           | Oban, Lorn & Isles | 2  | 1         | 1        |
| S01000813 Oban South                 | Oban, Lorn & Isles | 3  | 2         | 1        |
| S01000828 Benderloch Trail           | Oban, Lorn & Isles | 3  | 1         | 2        |
| S01000824 Loch Awe                   | Oban, Lorn & Isles | 4  | 1         | 3        |
| S01000811 Oban South                 | Oban, Lorn & Isles | 6  | 3         | 3        |
| S01000812 Oban South                 | Oban, Lorn & Isles | 9  | 7         | 2        |
| S01000814 Oban South                 | Oban, Lorn & Isles | 10   | 6         | 4        |
| S01000817 Oban South                 | Oban, Lorn & Isles | 18   | 7         | 11       |
| S01000832 Mull, Iona, Coll and Tiree | Oban, Lorn & Isles | 19   | 4         | 15       |
| S01000823 Oban North                 | Oban, Lorn & Isles | 21   | 2         | 19       |
| S01000822 Oban North                 | Oban, Lorn & Isles | 23   | 4         | 19       |
| S01000815 Oban South                 | Oban, Lorn & Isles | 42   | 16        | 26       |
| S01000821 Oban North                 | Oban, Lorn & Isles | 47   | 8         | 39       |
| S01000816 Oban South                 | Oban, Lorn & Isles | 55   | 18        | 37       |
| S01000818 Oban North                 | Oban, Lorn & Isles | 62   | 15        | 47       |

Table 1 - Highlighted rows are higher than the Scottish average

Richardson EA, Hill SE, Mitchell R, Pearce J and Shortt NK (2015) Is local alcohol outlet density related to alcohol-related morbidity and mortality in Scottish cities? *Health and Place* 33: 172-180



No Alcohol Brief Interventions have been recorded in Argyll & Bute between January and December of 2020.

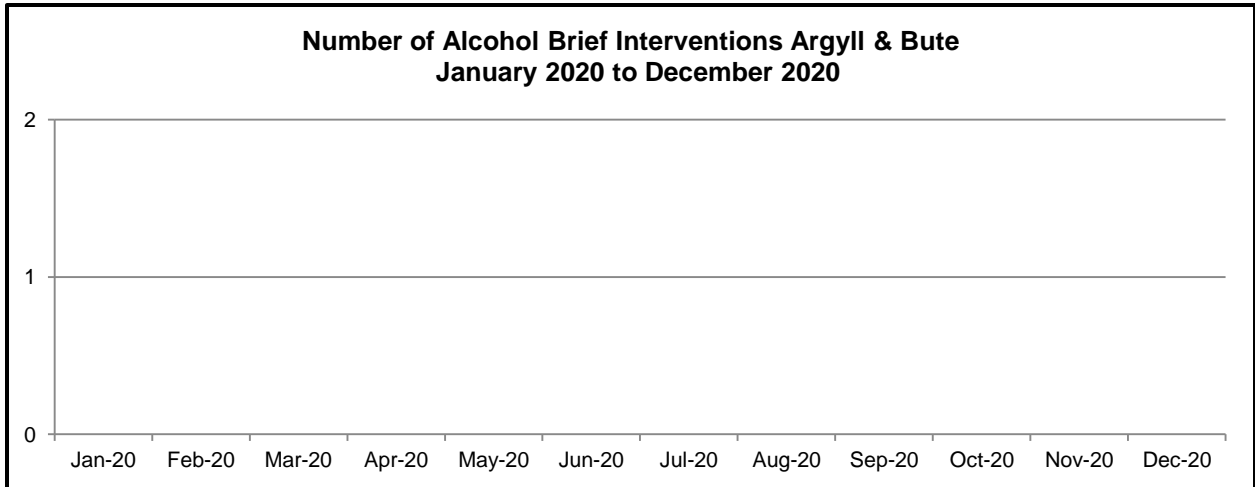


Chart 6: – Figures supplied by Joyce Ackroyd, Health Improvement Administrator

### Drugs

Chart 7 shows the drug related deaths for Argyll & Bute. In 2019, there was a rate of 15.0 (13) drug related deaths in Argyll & Bute, an increase of 4.5 compared with 2018. The Scottish rate of drug related deaths is included as a comparison; this shows that the death rate in Argyll & Bute is consistently lower than Scotland as a whole.

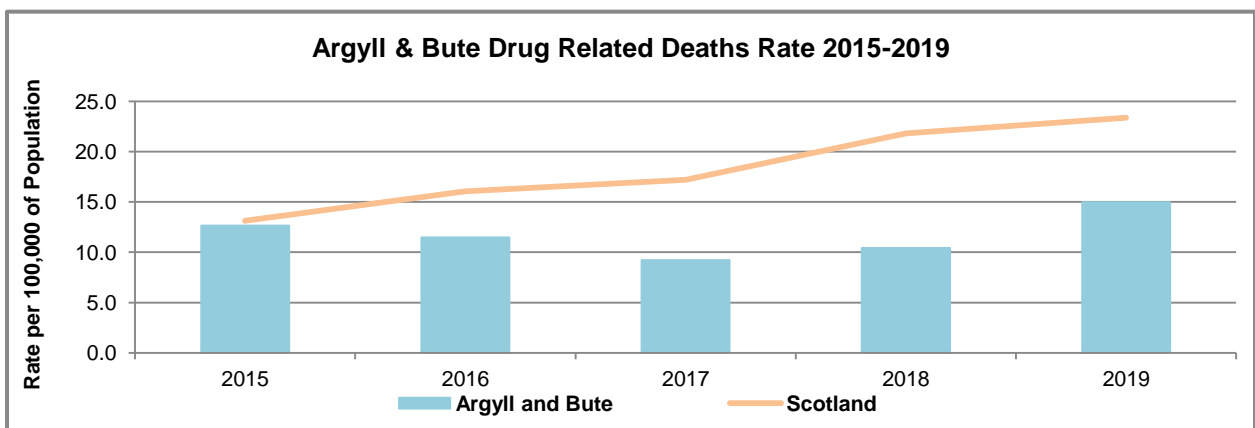


Chart 7: - ACaDMe Database and National Records of Scotland

Chart 8 shows the Acute (SMR01) drug related hospital admissions for Argyll & Bute. In 2019, there was a rate of 121.1 (20) drug related hospital admissions in Argyll & Bute, an increase of 23.7 compared with 2017. The Scottish rate of drug related admissions is included as a comparison; the rate in Argyll & Bute has been consistently lower than the Scottish rate.

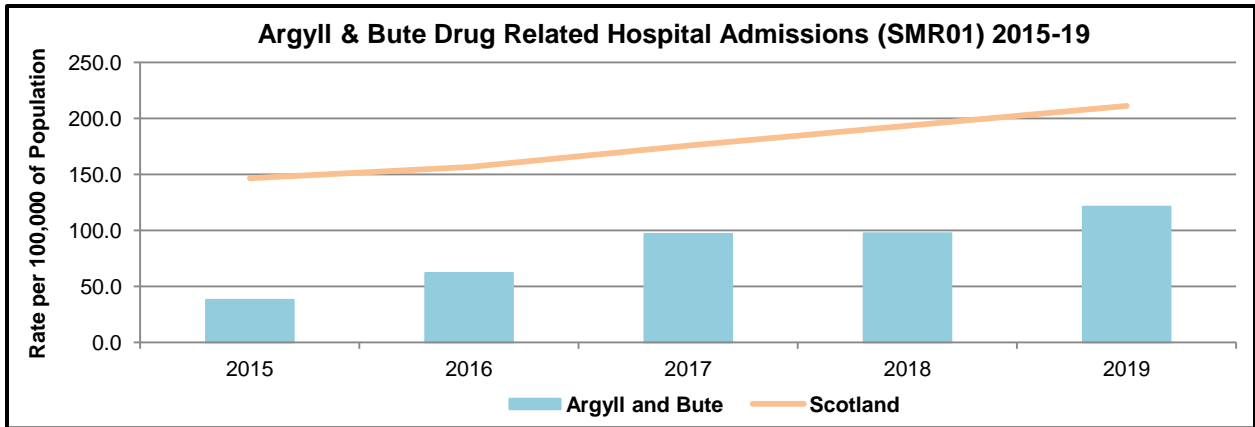


Chart 8: - ACaDMe Database

Chart 9 shows the Mental Health (SMR04) drug related hospital admissions for Argyll & Bute. In 2019, there were 18.6 (16) drug related hospital admissions in Argyll & Bute, an increase of 5.9 compared with 2018. The Scottish rate of drug related admissions is included as a comparison; this shows that the admission rate in Argyll & Bute is consistently lower than the rate in Scotland.

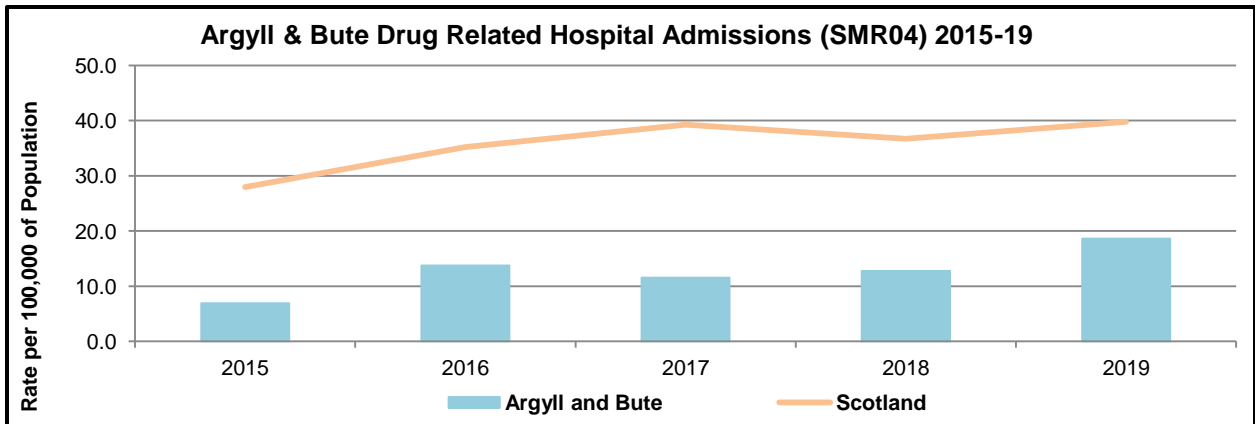


Chart 9: - ACaDMe Database

Chart 10 shows the number of Naloxone kits issued by reason of issue in Argyll & Bute by the harm reduction service in Argyll and Bute. It does not include some of the sources which are now supplying Naloxone, for example SFAD, Scottish Ambulance Service, etc.

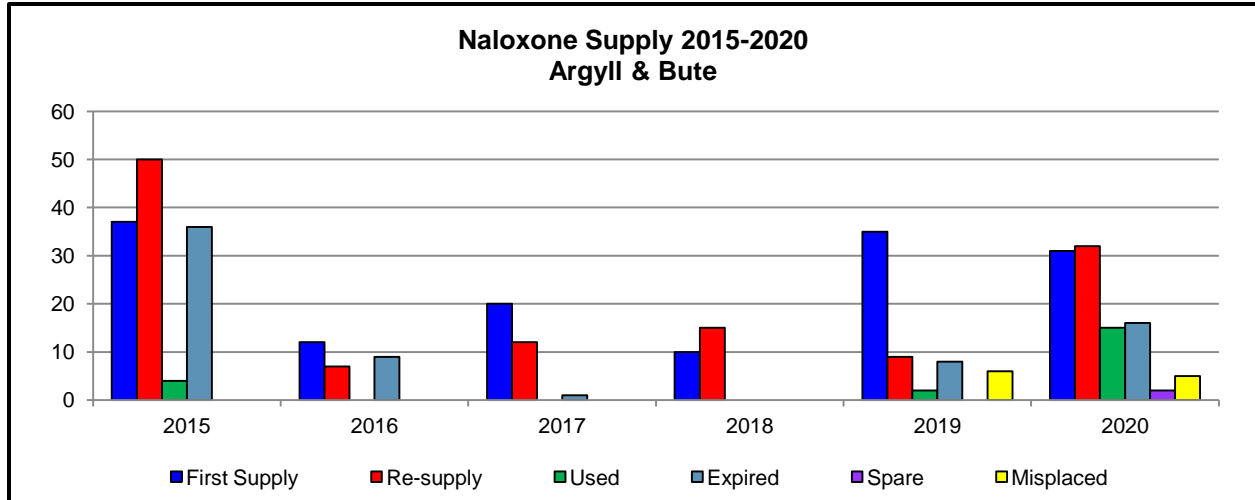


Chart 10 – Figures supplied by Kirsteen Menzies, Harm Reduction Nurse

Chart 11 shows the number of needles, syringes and needles with syringes supplied by Community Pharmacies and harm reduction services within Argyll & Bute.

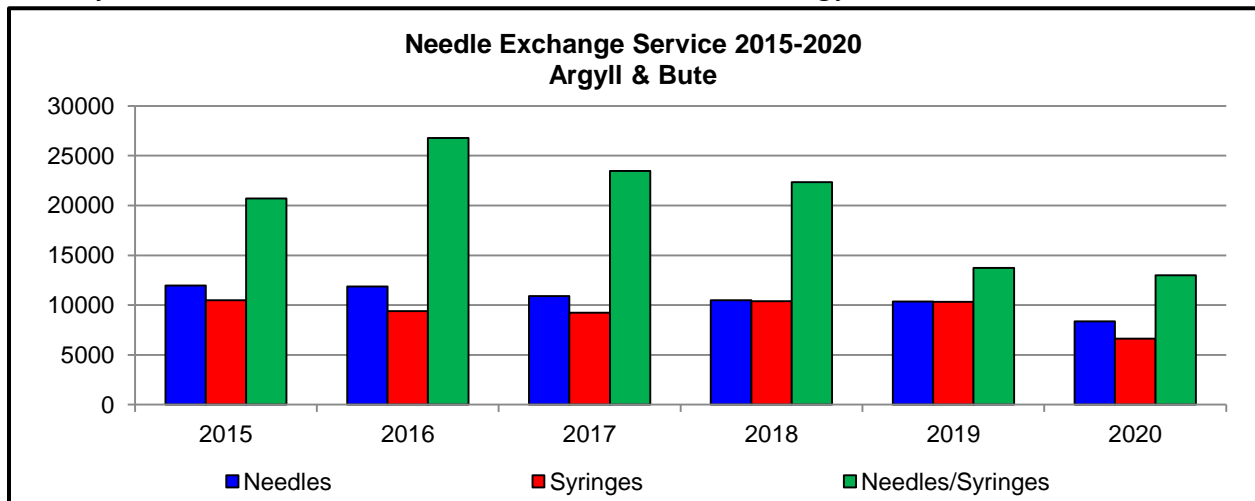


Chart 11 – Figures supplied by Kirsteen Menzies, Harm Reduction Nurse

Chart 12 shows the supervisions for OST dispensing by Community Pharmacies in Argyll & Bute; this is not the full dispensing picture as dispensing GP practice figures are not included. 17 of the 31 GP practices in Argyll & Bute are dispensing practices. The number of Methadone supervisions are significantly higher than the number of Buprenorphine supervisions. The number of supervisions has been decreasing since 2016.

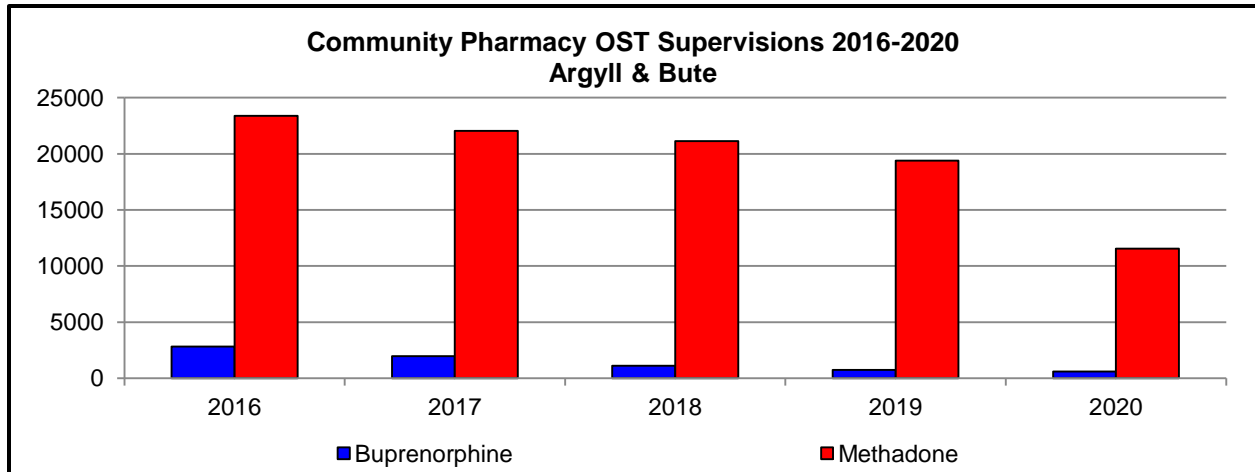


Chart 12 – Figures supplied by Tracy Beauchamp, Pharmacy Data Analyst Specialist

### Waiting Times

Chart 13 shows the number of people who have been referred to ABAT or WAWY in Argyll & Bute in 2020 based on whether they have started treatment, are awaiting treatment or never accessed treatment. Of those referred in Argyll & Bute 64% started treatment and 18% didn't follow through with the referral and enter treatment.

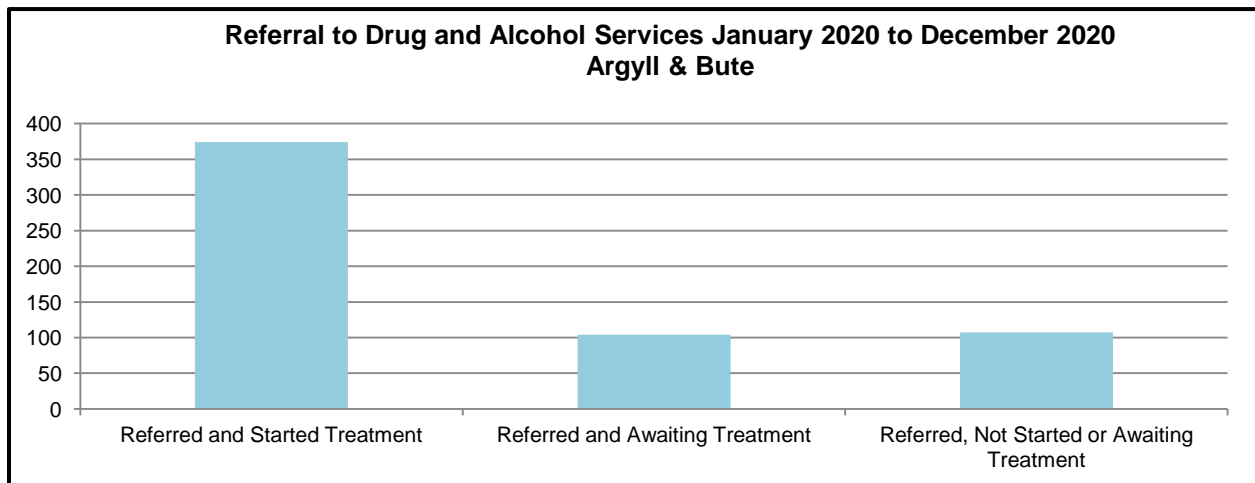


Chart 133: – Drug and Alcohol Treatment Waiting Times Database