

The Whole Family Pledge

We recognise the impact that alcohol and drug use can have on individuals, families, and communities. We acknowledge that substance use does not occur in isolation, and that the effects ripple across generations — impacting children, parents, carers, significant others, and extended family members.

We agree that a **Whole Family Approach** is essential to breaking cycles of harm and supporting lasting recovery.

Our Commitment

We pledge to:

Empower Families and Communities

Involve and put to the fore, families, and people with lived and living experience in the design, delivery, and evaluation of services, ensuring their voices shape our decisions.

Lead with Compassion and Evidence

Ensure services are trauma-informed, person-centred, and guided by the best available evidence and lived and living experience.

Champion Whole Family Support

Recognise and respond to the needs of all family members and significant others affected by substance use.

Ensure partnership working takes place

Work in a way that models positive collaboration by engaging in constructive and respectful partnership across NHS, local authorities, education, justice, and the third sector to deliver integrated, coordinated support.

